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FOR IMMEDIATE RELEASE

Timothy L. Culver's New Book, 'Sara's Story,' Describes His Wife's Stroke Recovery Despite Battles with Health Insurance Companies

DALLAS, TX – In May 2004 Tim Culver received news that his 42-year-old wife, Sara, had suffered an acute stroke.

Thus began a remarkable pilgrimage for both Tim and Sara—a journey that carried them through agonizing days coping with both the illness itself and resulting disability as well as dealing with the dark crevices between modern medicine and current health-insurance practices.

Their story offers hope for families struggling with severe medical emergencies. It also is a clarion cry for new insurance practices and laws that expedite and streamline medical-care delivery today.

The Culvers' amazing story is detailed in a newly published book, '*Sara's Story*', released this month by CrossHouse Publishing of Garland, TX. Tim Culver is the author. The book is available through most online and physical bookstores.

With three children ages 7, 10, and 13 still at home and the oldest child heading off the Iraq to serve in his first tour of duty, Tim and Sara's extended family and church rallied to support them following the stroke.

After 10 days in ICU, Sara's doctors told Tim she would never walk, talk, or interact with people again. Despite this devastating news, Tim did not give up hope for Sara. Then after three months in-patient at Baylor Rehabilitation in Dallas, Tim was told his wife needed to be moved to a nursing home where she would receive 24/7 care the rest of her life.

Because Sara was making small improvements and because he discovered the nursing-home recommendation resulted from his health insurance company's policies regarding rehabilitation, Tim opted to fight for Sara rather than give in.

Relying on his personal Christian faith and continued support from his church and family, he fought to get Sara into a special center in the Dallas area that specializes in rehabilitation for people with traumatic brain injuries.

Despite getting his wife into the center, insurance carriers across state lines attempted to move Sara to a regular nursing home.

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In his book Tim chronicles his wife's amazing recovery and his battles to insure that Sara continued in the special treatment. After three months as a patient in the center, Sara went home and walked up the stairs without help. After another year in outpatient rehabilitation, Sara recovered to the point where she now drives, takes care of her children, and has returned to work at Eastfield Junior College in Mesquite, TX.

Tim says he wrote '*Sara's Story*' to inspire hope for those families facing similar situations. In addition, he wanted to let people know about the medical advances and treatments for strokes that are available.

"Too many people are written off and end up in nursing homes requiring expensive assisted living at the tax payer's expense," he says. "Over 750,000 Americans suffer a stroke each year with some type of permanent impairment."

Through Tim's battles to get Sara the health care she needed to recover, the woman who was not going to walk, talk, or interact with people again is once again a productive member of society.

"Sara's case is an example of a situation in which the costs of rehabilitation were invested correctly and prevented a person from becoming a burden and long-term cost to the taxpayers," he says.

"I never thought I would write a book about healthcare, stroke recovery, or my family," Tim says. "My faith and experience helped inspire me to tell this story so that it would inspire hope for others in similar situations. In addition, I hope this book sparks a rallying cry to support health-care reform," Tim explained. "I am a fiscal conservative, but I believe in health-care reform and believe that the right dialogue can result in savings to society."

Sara's Story is available at www.barnesandnoble.com, www.hannibalbooks.com and other fine online and physical bookstores (ISBN 13: 9781934749608, CrossHouse Publishing, <http://www.crosshousepublishing.com>).

About the Author

Timothy L. Culver is a native of Mesquite, TX. He is an honor graduate of Baylor University and has earned a master of science in software engineering from the Lyle School of Engineering at Southern Methodist University. Tim also earned his MBA from the Cox School of Business at Southern Methodist University. He is employed as an executive director at AT&T's software company, Sterling Commerce. Tim attends Baylor University part-time where he is pursuing his Ph.D. Tim and his wife Sara reside in Sunnyvale, TX, with three of their four children. The oldest child is proudly serving the U.S. Army in Iraq. Tim is an active member of First Baptist Church of Sunnyvale, TX.

Attention Editors: A photo or interview with the author is available by contacting Public Relations Specialist Jennifer Nelson at 800-747-0738 ext. 709 or HannibalBooksPR@gmail.com. Visit www.crosshousepublishing.com (and sister company www.HannibalBooks.com) to learn more about all the books we publish.

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